

CUNNINGHAM TECHNIQUE OPEN CLASSES

The following schools, studios and independent teachers provide ongoing drop-in Cunningham Technique classes for adults. Please contact the individuals or organizations below for any other details and to check for any changes in the schedules.

- **CityDance Studios, Washington, D.C.** (Advanced Intermediate Level)
Fridays 10AM-1130AM
Brittany Bailey, bb2897@columbia.edu
www.citydance.net
- **Mark Morris Dance Center, New York, NY** (Beginner Level)
Saturdays 100PM-230PM
Janet Charleston, JLCharleston@gmail.com
<https://markmorrisdancegroup.org/adult-class-schedule/>
- **100 Grand St, New York, NY** (Intermediate/Advanced Level)
Tuesdays 1015AM-1145AM
Saturdays 1100AM-1230PM
Lindsey Jones
<https://app.ubindi.com/Lindsey.Jones>
- **Shoonya Centre for Art and Somatic Practices, Bangalore, India** (Professional Level)
Thursdays 1100AM-1230PM
Dayita Nereyeth, dayita.ne@gmail.com
- **SpazioArte, Rome, Italy** (Open Level)
Mondays 1045AM-1215PM
Roberta D'Amore, robertadamore84@hotmail.com
- **Studio Variations sur le corps, Paris, France** (Open Level)
Fridays 1030AM-1200PM
Irene van Zeeland, irenevanzeeland@gmail.com

- **The Dance Hub, Santa Barbara, CA (CUNNINGHAM-Based Class)**
Mondays 1000AM-1115AM (Intermediate Level)
Wednesdays and Fridays 1000AM-1115AM (Intermediate/Advanced Level)
Susan Alexander, susan.susalex.alexander@gmail.com
<https://dancehubsb.org/>
- **Vytal Movement Dance Space, Spokane, WA**
Mondays 12-1PM (Beginner Level)
Sundays 2-330PM (Intermediate/Advanced Level)
Vincas Greene, vincasdmg@gmail.com
<https://vytalmovement.org/dance-classes>

This list is periodically updated. Please send changes to: jgoggans@mercecunningham.org.
See “Conservatories and Universities” to download a list of conservatories, universities, colleges and other schools where Cunningham Technique is taught on an ongoing basis.